

# Rochelle Park Board of Education

## Rochelle Park Board of Education

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## Midland School #1



## Extra-Curricular Programs and Activities

2008 – 2009 School Year Edition

# Midland School #1

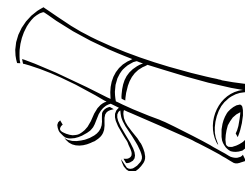
## Extra-Curricular Programs and Activities

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## Yearbook



**Advisor(s):** Mrs. Carney  
**Available to grade(s):** 8<sup>th</sup>  
**Purpose of activity:** To produce yearbook  
**Meeting frequency:** Bi-monthly or as needed

**Brief description of activities in which students participate:**  
Page Design, Page Layout, Photography (digital and 35mm), Typing, Scanning

**Expected student outcomes:**  
Students will work together as a committee to produce a yearbook meeting production deadlines.

**Products (if any):**  
8<sup>th</sup> Grade Yearbook



## Volleyball Club

**Advisor:** Mrs. Bargisen “Coach”  
**Available to grade(s):** 6<sup>th</sup> – 8<sup>th</sup>, Co-ed  
**Meeting frequency:** September through November, Thurs, 3-4:30p.m.

### Purpose of activity:

1. To promote an interactive athletic activity within the school framework for skill levels specific to grades 6, 7, and 8.
2. To promote an awareness of and respect for the abilities of peers in volleyball.
3. To further develop the skills of volleyball.
4. To encourage volleyball as a lifetime activity and to have fun.

### Brief description of activities in which students participate:

1. Students receive instruction for a portion of the club session on skills, rules and strategies.
2. Students have the opportunity to display leadership abilities as a captain for their grade level.
3. Students assist by scorekeeping, line judging and refereeing games.
4. Students work with peers on skills in which they excel to help others improve.

### Expected students outcomes:

1. Students will have an appreciation of the improved skills of their classmates.
2. Students will develop their own skills and self-confidence.
3. Students will experience volleyball as a positive “anti-drug” activity.
4. They will be confident to play volleyball as teens and adults.

### Products (if any):

Team spirit and improved athletic skills.  
Bargisen’s Best!



## Chorus



**Advisor(s):** Mrs. Weiner, Director Mrs. Fletcher, Accompanist  
**Available to grade(s):** 4<sup>th</sup> – 8<sup>th</sup>  
**Meeting frequency:** One hour per week; 2 hours before concerts.

### Purpose of activity:

1. To be the performing organization for students who like to sing at Midland School.
2. To be good-will ambassadors and represent the school by performing music for community events.

### Brief description of activities in which students participate:

Learning: Singing, proper breathing techniques, diction, performance techniques, music literature, and harmony.

### Expected student outcomes:

A performance of two full length concerts or a show each year and to provide music at the eighth grade graduation and other community functions when asked.

### Products (if any):

Two full length concerts per year.



## Baseball

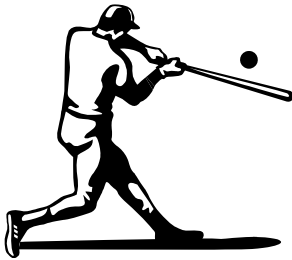


**Advisor(s):** Mr. Cannici (Head Coach)

**Available to grade (s):** 6<sup>th</sup> – 8<sup>th</sup>

**Meeting frequency:** March-June, Tuesday\* - Thursday

\*PLEASE NOTE: Any Tuesday sessions will begin AFTER 3:45 PM when math extra help is complete so that there is no conflict between this activity and the extra-help sessions.



### **Purpose of activity:**

1. To provide instruction emphasizing the skills needed to play the game of baseball effectively.
2. To teach the ideals of teamwork, sportsmanship, and responsibility.

### **Brief description of activities in which students participate:**

Practice, games

### **Expected student outcomes:**

Students will become better ballplayers, better citizens, and better people.



## Student Council



**Advisor(s):** Ms. Parciasepe

**Available to grade(s):** 6<sup>th</sup> – 8<sup>th</sup>

**Meeting frequency:** Bi-monthly

### **Purpose of activity:**

To provide school spirit opportunities, leadership skills, and build a sense of community in school.

### **Brief description of activities in which students participate:**

1. Box tops
2. Decorate gym lobby
3. Recognize student/faculty accomplishments
4. Organize school spirit days
5. Decorate for school dances

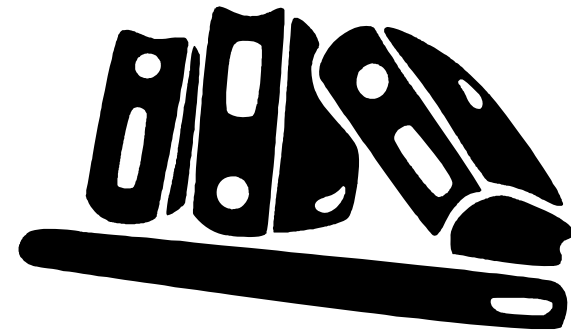
### **Expected student outcomes:**

To understand leadership responsibilities and promote school spirit.

### **Products (if any):**

Promoting the importance of school leadership.

Selling Midland School wrist bands to promote school unity on Field Day.



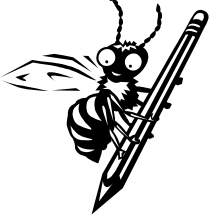
## Spelling Bee



**Advisor(s):** Mrs. Metcalfe  
**Available to grade (s):** 6<sup>th</sup> – 8<sup>th</sup>

### **Purpose of activity:**

1. Allow students to showcase their spelling talents on a community, and possibly, the national level.
2. Promotes communication skills and interest in words, and their spelling usage.



### **Brief description of activities in which students participate:**

1. All 6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> grade students take a spelling test. Those who qualify, participate in the Midland Bee. The winner of our bee participates in the North Jersey Spelling Bee. The winning student goes on to the National Spelling Bee.
2. Knights of Columbus holds a bee for all 8<sup>th</sup> graders who qualified for Midland Bee.

### **Expected student outcomes:**

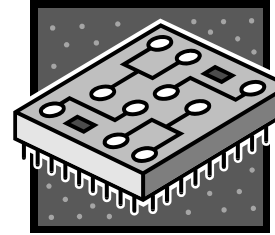
1. Encourage excellence in students and foster school spirit, individual achievement and pride in themselves.

### **Products (if any):**

1. North Jersey Spelling Bee Participation Kit
2. Barnes & Nobles Gift Certificates



## Computer Club



**Advisor(s):** Mrs. Carney  
**Available to grade(s):** 4<sup>th</sup> – 8<sup>th</sup>  
**Meeting frequency:** Bi-monthly

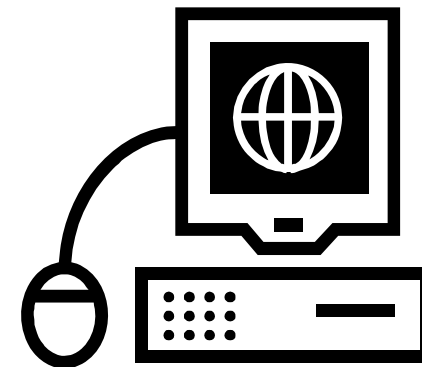
### **Purpose of activity:**

To provide a safe and fun environment for exploring different software other than that used during class time.

1. Use of “computer club only” software
2. Use of Lab’s programs

### **Expected student outcomes:**

While following computer lab’s rules and Midland School’s Acceptable Use Policy, students will have the freedom to explore different areas of technology.



## Do Something

**Advisor(s):** Ms. Johnson & Ms. Loverich  
**Available to grade(s):** 5<sup>th</sup> – 8<sup>th</sup>  
**Meeting frequency:** 1<sup>st</sup> & 3<sup>rd</sup> Thursday of the month 3-4:00PM

### **Purpose of activity:**

To make a difference in our school atmosphere through leading by example.

### **Brief description of activities in which students participate:**

1. To participate in Monthly Community service activities.
2. Help with town welfare office in collecting and distributing food
3. Create school wide programs to improve school climate such as assemblies, Mix It Up At Lunch, etc...
4. To help out school, community or anywhere we can make a difference by Doing Something!

### **Expected student outcomes:**

1. To develop and apply leadership skills
2. To make a difference in school and community
3. To become better citizens

### **Products (if any):**

Improved self-esteem  
Caring citizens



## Softball Team

**Advisor(s):** Mrs. Bargisen “COACH”  
**Available to grade (s):** 6<sup>th</sup> – 8<sup>th</sup> (Girls)  
**Meeting frequency:** March – May, Monday - Friday, 3:00 to 4:30/6:30PM

### **Purpose of Activity:**

1. To promote a sense of achievement/accomplishment as a group of young women who love the game.
2. To develop the endless possibilities within these young women who want to play the game.
3. To promote a sense of “team” and “togetherness” among a diverse group of 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grade students.
4. To travel Bergen County and interact with young women from other schools and display sportswomanship.

### **Brief description of activities in which students participate:**

1. Players try out for a limited number of coveted team positions.
2. Teammates in grades 6-7-8 become a TEAM and support each other ON and OFF the field.
3. Players develop/improve skills for Softball.
4. Players perform/fill many roles as asked.

### **Expected student outcomes:**

1. Social and emotional growth.
2. An appreciation for the game and teammates.
3. Improved attitude and self-confidence.
4. Pride in representing Midland School as a member of the Lions
5. FUN every day – every game.

### **Products (if any):**

Another winning season ! Jubilant girls!



## Newspaper



**Advisor (s):** Ms. Balbi  
**Available to grade(s):** 5<sup>th</sup> – 8<sup>th</sup>  
**Meeting frequency:** 1<sup>st</sup> and 2<sup>nd</sup> Wednesday of October, November, February, and April

### **Purpose of activity:**

Students write about events happening during the school year at Midland.

### **Brief description of activities in which students participate:**

Students pick topics that they would like to write about. They also come up with their own articles. Articles must be submitted to Ms. Balbi by given deadline in order to revise, edit and print out the newspaper.

### **Expected student outcomes:**

Learning to complete articles in a timely manner in order to meet the deadlines.  
Develop better writing skills.



## Gymnastics



**Advisor(s):** Mr. Ramirez and Mrs. Calderone  
**Available to grade (s):** 4<sup>th</sup> – 8<sup>th</sup>  
**Meeting frequency:** Weekly

### **Purpose of activity:**

The purpose of this activity is to teach the children camaraderie, teamwork, dependability, focus, flexibility, self-esteem and respect. Children are put through an extensive physical conditioning program to prepare them for the evening and school gymnastics recitals. They are taught to access their own ability and write a program that can be done by all in their group.

### **Brief Description of activities in which students participate:**

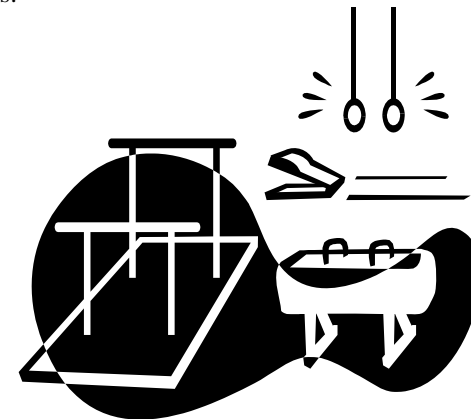
The children write their own gymnastics program. We have a set of students that coordinate and write the program's agenda. They are responsible for coordinating the music and reading the night's program. There is also a group of students that help to build the recital scenery with the supervision of the art department. The participants are involved in an extensive gymnastics program that will take them from basic floor exercise to vaulting. Some of these activities are the same exercises that high school and college students go through.

### **Expected student outcomes:**

We want our students to participate to the highest level they can, to display the talents that they have developed through months of practice, and to have a well finished program that is pleasant for their parents and the school.

### **Products (if any):**

Three performances.



## Indoor Soccer

**Advisor(s):** Mr. Ramirez  
**Available to grade(s):** 4<sup>th</sup> – 8<sup>th</sup>



**Purpose of activity:**

To develop skills in soccer, as well as teamwork, endurance, sportsmanship, respect, self-esteem and strategies involved in soccer.

**Brief description of activities in which students participate:**

The students play a set schedule that takes them through a twenty-five game season. From this they are ranked and put in an order for the League tournament. They play a one-game elimination round-robin tournament that finishes with a tournament champion. From these two finishes we pick a League Champion.



**Expected student outcomes:**

We expect the students to be able to deal with the stress of high-level game play. We expect that the students will learn lifelong experiences that they will use forever. We want our athletes to be good winners as well as good losers and to show each other what good sportsmanship is all about.



## National Junior Honor Society

**Advisor (s):** Mrs. Hurd, Ms. Schwarz  
**Available to grade (s):** 7<sup>th</sup> – 8<sup>th</sup>  
**Meeting frequency:** 1<sup>st</sup> and 3<sup>rd</sup> Thursday of each month

**Purpose of activity:**

1. To create enthusiasm for academic excellence.
2. To stimulate a desire to render service.
3. To promote leadership.
4. To develop character.
5. To encourage citizenship in the students of Midland School.

**Brief description of activities in which students participate:**

1. Conduct business meetings according to Robert's Rules of Order.
2. Take part in a multi-town leadership conference.
3. Tutoring of other students at Midland.
4. Assisting at Awards Assembly & Graduation (Gr. 7 members).
5. Assisting faculty members as afterschool aides.
6. Taking part in Rochelle Park Day.
7. Other service projects for school and community.

**Expected student outcomes:**

Distinguished academic achievement and membership in the prestigious National Honor Society.

