

# Rochelle Park School District

## Midland School #1

### Medical Information

#### Immunizations

All students must adhere to the immunization requirements of the New Jersey State Department of Health, available for review in the school health office.

#### Physical Examinations

Each student must be examined upon entry into the school district. This examination must be done no more than 365 days prior to entry and must state what, if any, modifications are required for full participation in the school program. Parents/Guardians are also notified of the importance of obtaining subsequent examinations. Physical examinations are requested at least once during each of the student's developmental stages: early childhood (grade 2); pre-adolescence (grade 5); and adolescence (grades 8 and 10). Vision, hearing, blood pressure, height, weight, and scoliosis screenings are conducted as required by state code. A referral will be mailed home to parents/guardians, when indicated.

#### Communicable Diseases

A doctor's certificate is required when a student has been absent due to: Strep Throat, Mononucleosis, Scarlet Fever, or Hepatitis or any other communicable/contagious diseases. A doctor's note is advised when a child returns to school from the following illnesses:

- Chickenpox: The student may return 7 days after the appearance of the rash if all scabs are dry and there is no fever.
- Fifth Disease: (a bright red rash on the cheeks often spreading to the body) Students may be admitted to school with a doctor's note even if the rash is still present.
- Pediculosis: (Head Lice) Students are excluded immediately. Parent/Guardian is counseled to contact the family physician. The child may return with a note indicating what treatment was used and the label from the treatment bottle. Re-inspection of the head occurs upon readmission and daily for two weeks.
- Conjunctivitis: (Pink Eye) Students with inflamed eyes are advised to seek medical advice. Students must remain out of school until the eyes are clear or they have a doctor's certificate stating they are not contagious.

#### Absences

All students must present to their homeroom teacher a written note from their parent/guardian explaining the reason for a student's absence. Students should be kept home from school if any of the following symptoms are present:

- Students are to remain home until they are fever free for at least 24 hours.
- Excessive runny nose, coughing, sneezing.
- Skin rashes of a questionable or unknown nature.
- Sores on the skin, especially if moist, draining or encrusted.
- Nausea, vomiting and diarrhea.

## **Medication in School**

In compliance with the New Jersey State Department of Education and Westwood Regional Schools, Board of Education policy, students who require medication during school hours must provide the following:

1. A written statement from the prescribing physician identifying the name, dosage, frequency and purpose of the medication;
2. A written statement from the parent/guardian giving permission for the administration of the medication;
3. Prescription medication must be in the original container with the pharmacist's label, the prescription number, child's name, dose to be given, and doctor's name.
4. Parent/guardian is responsible for the transport of any medication to the school nurse.
5. Students may be approved to self-administer in certain life-threatening conditions, Anaphylaxis and Asthma. Written permission from physician and parent must be obtained.

These requirements apply to over-the-counter-medications as well as prescription medications. Cough drops, provided by the parent, may be used in school when accompanied by the written authorization from the parent.

**Students are not permitted to carry or take any medication without supervision**

## **Excuses from Physical Education**

A student requesting to be excused from Physical Education (PE) for a day must bring a note from his/her parent/guardian to the school nurse upon arriving to school in the morning. Students, who are to be excused from PE for more than two classes, must bring a statement from their physician. Students with long-term excuses from PE may resume classes only with the school nurse's approval based upon the physician's written authorization. Students excused from PE will remain indoors during recess, unless a note from a parent/guardian is received stating that the child may go outside. However, the student will refrain from activity while outdoors.

## **Long Term Illness-Home Instruction**

Any student who is absent for two weeks, and anticipates the absence from school to continue for an extended period of time, is entitled to homebound instruction. Parents/Guardians are asked to contact the Health Office, should this be indicated.

Parents/Guardians are encouraged to contact the Health Office with any health-related question or concern.

## **Medical Department**

District Nurse:

School Physician: